An Advanced Emergent Knowledge Formula

Concept and Structure by David Grove - Model by Matthew Hudson

A thorough explanation of the terms used here are to be found in the article "Six Steps to Emergent Knowledge" at www.powersofsix.com.

'Six B Starts'

The basic processes of Emergent Knowledge can be used on their own when required in session, or they can be pulled together into specific formulas to be run as therapeutic processes.

An advanced formula is 'Six B Starts' which allows the client to create six versions of their problem/goal etc.

Six B Starts

1. Clean Setup

2. Over-Drive B (with Upload)

3. Download A (with Upload onto B)

4. Meta-Drive B, then A

5. Run steps 2, 3 and 4 five more times (use a new sheet of paper for B each time)

6. Overdrive A (with Upload on a new sheet)

7. Download A (with Upload)

Meta-Driving B in the above formula would be done by asking the client:

> *"Move that to where it belongs."*

Meta-Driving A in the above formula would be done by asking the client:

> *"Now, where would you like to be?"*

The client will now create a new B in this new space on a new sheet of paper.

An online version of this process is available to experience at www.powersofsix.com

For further information contact info@powersofsix.com